

April 2015

San Antonio Area Mothers of Multiples

Est. 1968

Multiple Issues

Margie Dunk, Editor



Happy Spring! I wanted to take the time to introduce myself to those who do not know me, and to further open up to those who do know me. I am Candace Aussant, the new SAAMOM President for 2015-2016. Originally from Oklahoma (City), I moved to Albuquerque, New Mexico after college to do something different and new. My career at the time was as an elementary school teacher. I met my husband (who is from Massachusetts) on the old school MySpace...no, it is not a glamorous story. ;) A year later, we were engaged and quickly married after. I started my life as a military wife, which included following Kip to Valdosta, Georgia. A year and a half into marriage, we started trying to get pregnant. In my late teens, I had been told I would most likely have a difficult time conceiving. I wasn't concerned about it at the time, but when we were ready to have children, that changed. I was frustrated and saddened by the fact that friends all around me there were getting pregnant easily (some literally by looking at each other, I seriously think so). After a year of trying, we went through two rounds of fertility medicine until I found out I was indeed pregnant. Prior to attempting to have children, we had both (separately) had dreams that I was pregnant with triplets. It

scared me to death! Well, the day I actually found out I was pregnant, my husband had dreamed that I was pregnant with twins (he was again gone). When we found out on April Fool's Day, 2010 that I was having twins, we were not at all surprised. At the time, I didn't know anyone else in Valdosta who had twins. I ended up meeting two other mothers after having the kids. On October 26, 2010, Asher James and Abigail Elizabeth were born. I found support in my friends who had singletons, but it was so different having TWO at the same time, and I compared many many things with my friends and their children. Although their support was needed, I could never quite get them to understand what exactly I was feeling, dealing with, etc.

When we received orders to move to San Antonio, I was VERY excited and started researching for a mom's group as soon as possible. One week after moving in, we attended our first SAAMOM baby playdate. I was adamant to find friends and a support system unlike what I had had (which was pretty awesome considering). I found close friends right away, and have loved every minute of the past three years being a member of this group! Although I have an outgoing personality, I realize that the more I invest in this group, the more I will gain from it. SAAMOM has been my rock, my confidant, my support, my joy, my laughter, and my strength.

Throughout this next year, I pray that I can give back even a portion of what SAAMOM and all of you have given to me. I hope that I can serve you well, and make you feel at home the way I always have felt. If there is ever any concern, suggestion, or anything you want to share with me, please feel free to do so. You can contact me at president@saamom.org or I can personally give you my phone number (the directory has it also ;)). Let's continue to make this a group where MOMs can laugh, love, serve, support, and encourage one another. Looking forward to the year ahead!

Candace Aussant

President@samom.org



Proudly Representing:

243 Members (10 honorary members)

222 sets of twins

(3 with multiple sets of twins!!)

17 sets of triplets

1 set of quads

28 expecting MOMs

Look for the new sections in the newsletter and please give feedback to :

newsletter@saamom.org



Uniquely Perfect



Jacob & John

Hi my name is Cynthia and I am a mother to 4 children. Two girls , a miscarriage and then blessed with identical twins that are now 22 months. The Twins were a BIG surprise. I PPROM twin B (in utero) at 28 0/7. Was admitted given Magnesium since I had just turned 28 weeks I was in a window that if given it could decrease chances of CP . I was also given betamethasone to help their premature lungs. I stayed in- patient for 6 days before they decided on an emergent C-section for a non- reassuring fetal strip on twin B (in utero). I still remember the Dr.'s words. " I want to deliver 2 live babies we need to go now". Not what an Obstetric Nurse wants to hear. I had been scanned every two weeks since I was 18 weeks for TTS (Twin to Twin Syndrome) and never any sign instead I had Twin to Twin Anemia Polycythemia . Twin A "Jacob" 2# 7 oz. (B in utero)(Anemia) was taken to the other OR room and all I remembered was there was no cry from baby A and then there came baby B "John" 2 # 11 oz. (A in utero) (Polycythemia) crying and he was born in his sac (it's supposedly a good omen). Jacob needed a blood transfusion and medications to increase his blood pressure , he fought to survive. They had him intubated using a high vent.

Meeting these two little boys for the first time was so emotional , I kept apologizing that I was not able to keep them in my belly longer so they would not have had to experience the stress of all these tubes. We had routine scans and everything was going so well then..... on Jacob's 4th head ultrasound they found some changes. I still remember being called into a little room and she sat me down and gave me a box of tissues. Jacob was diagnosed with PVL (Periventricular leukomalacia is a condition that affects the white matter in the brain which causes motor control problems, developmental delays and epilepsy) all I heard from this is he may have Cerebral Palsy which means he may have difficulty with fine and gross motor skills. This was surely the saddest day of my life. Why? Because I want him feel no different that his twin brother and not struggle to accomplish things that are suppose to be simple. The unknown as well as not having control of all this has been the hardest to deal with.

He is now 22 months corrected 19 months and has received Botox to his hamstrings because he has Diplegia Spasticity of his legs and Hypotonia of his trunk . He is mobile he gets around by commando crawling and rolling and has finally pulled himself up to kneel. When he says Mamma and smiles that alone is rewarding. He gets PT 2x week, OT x2 week, Speech 1x week and a teacher who plays and sings songs with him 1 x week. This journey not alone has made me appreciative of all the small things but his sisters are so excited when he does new things or says new words and they both love to help him and do the exercise PT shows us . His twin brother runs all over the place. What has been so amazing is the support I have received from the PVL group and knowing that anything is possible. They are only doctors , they are not GOD and I am lucky to have him alive . He is who he is meant to be.

Note from the Editor's: *Uniquely Perfect* is a new spotlight for members that have a child or children with special needs. This is a chance for us to learn and grow with and from each other. If you would like your uniquely perfect child featured, please email us at newsletter@saamom.org. We would love to grow with you and your family!

Some Bunny must LOVE these kids!!



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Sara Orozco & Shanti Day

Please be sure to review and update your SAAMOM profile. Quite a few profiles reflect information from members that joined while pregnant and say "baby" or are blank in the children's name section. Please be sure to update any other outdated information.

New Members

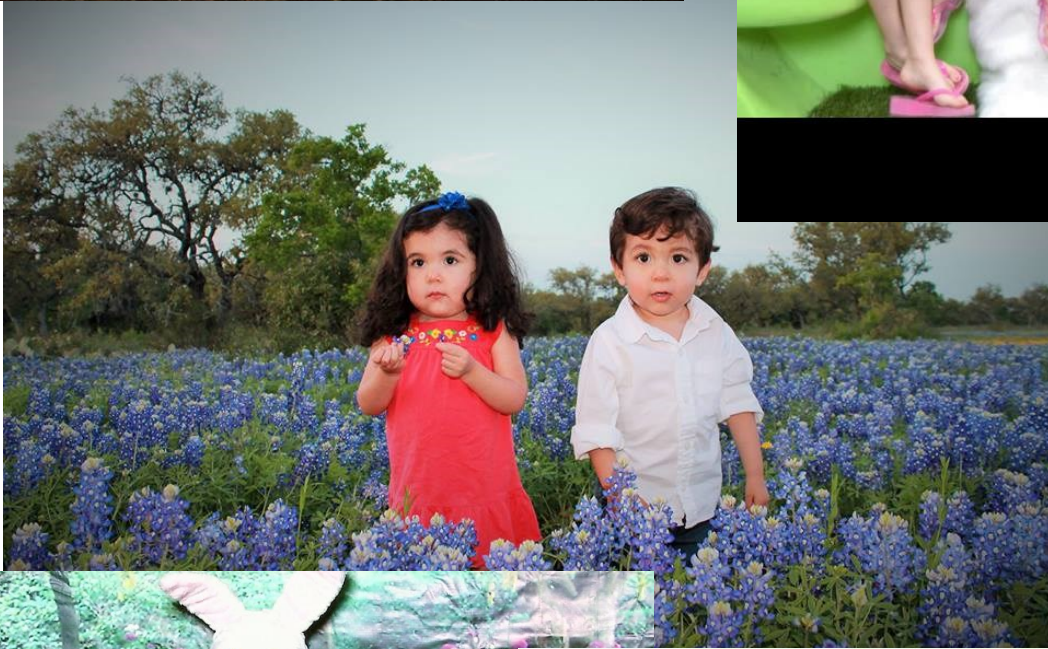


Let's welcome our new SAAMOM members!

- Jessica Brysch
- Julia Buquoi
- Amanda Byatt
- Katharine Edwards
- April Gregory
- Angie Jain
- Jennifer Kane
- Jennifer Lawler
- Angela Lee
- Lori Mireles
- Lindsay Morrissey
- Monica Pinon
- Sarah Popp
- Richelle Rodriguez
- Christine Rodriguez
- DeAnna Siller
- Lacey Smith
- Kristen Smith
- Kasey Sykes

CAES

Thank you to all of our Sellers and Volunteers for another successful Spring CAES Sale. Our Bake Sale raised \$162.50 for the Baca Family. We had 71 Sellers sign up to sale and sold 6,050 items with a total volume of \$18,000. CAES checks will be at our next monthly meeting. Your check will be mailed to you if its not picked up at the meeting. Thank you again for all your hard work we greatly appreciate your help. **Next sale is September 18th & 19th!!**
Sincerely Jessica and Catherine- CAES Co-Chairs



Babies Turning 1!

You survived the first year!!



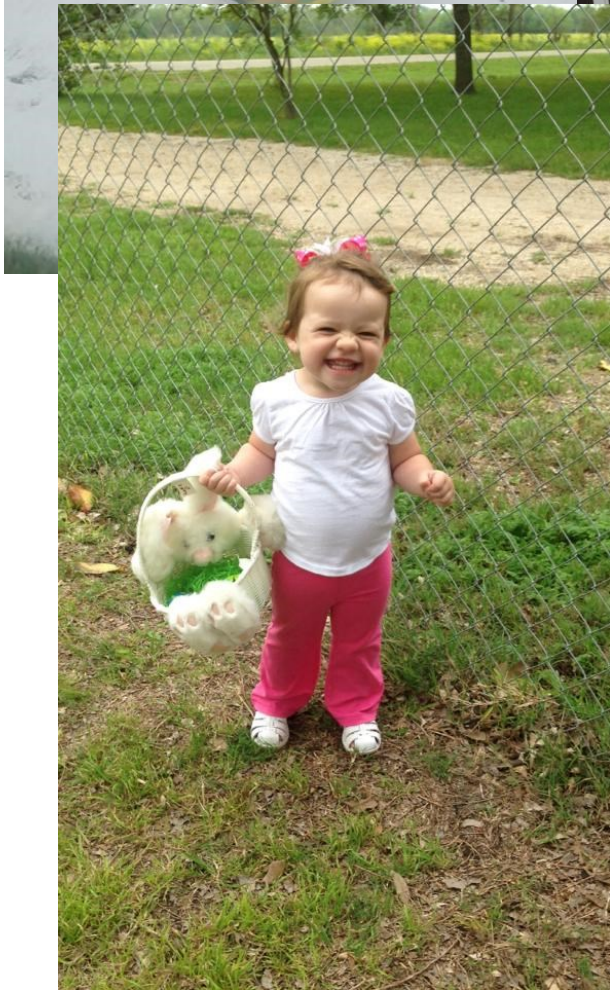
Cade and Trig turn 1 on April 11!

Happy Birthday to all of the April Kiddos!

April 1	Reya and Mateo turns 2	28	Morgan turns 11
3	Evelyn turns 8		Alexis turns 18
	Oliver and Gemma turn 2	29	Naomi and Maya turn 6
4	Cole turns 10	30	Maggie and Emma turn 6
	Madison turns 3		Anthony turns 9
6	Christopher, Olivia, and Benjamin turn 8		
8	Paige and Caroline turn 10		Andy and Eddy turn 6
9	Grant turns 7		Grayson and Carson
11	Jillian turns 2		Jordan and Jayden
12	Claire and Tess turn 2		Tyler and Troy
13	Brielle and Garret turn 3		Jordyn and Jaedyn
15	Michelle turns 28		
17	Luke and William turn 9		
	Kirin and Avery turn 6		
18	Peyton and Maggie turn 4		
20	Blake and Morgan turn 6		
	Jackson turns 10		
22	John and Ryan turn 18		
	Leyton turns 5		



Luke and William turn 9!



We can't forget our MoM's Birthdays!!

Happy Birthday to the most wonderful moms in the world!

April 5 Natalie Pearson
April 6 Kerry Muller
April 9 Trina Cowan
April 9 Tina Jewell
April 11 Michelle Marroquin
April 17 Bridget Pendergast
April 19 April Saldana
April 20 Christine Moore
April 20 Sandi Vasquez
April 25 Julia Buquoi
April 30 Dabney Fletcher
April 30 Heather Hays



Anniversaries

In all the world, there is no
heart for me like yours.
In all the world,
there is no love for you like
mine.
-Maya Angelou



Abi & Josh April 02

Karen & Cully April 04

Jessica & Jamey April 05

Kasey & Mike April 06

Shannon & Kevin April 09

Alicia & Brandon April 10

Anne & Greg April 13

Robyn & Joseph April 14

Reagan & Jason April 15

Jena & John April 20

Tina & David April 21

Tiffany & Robert April 22



Classified Ads

There is no charge for SAAMOM members to place messages or non-business related classified ads here. Send submissions to newsletter@saamom.com by the 15th of each month. Ads will continue to run on a space available basis, unless you contact the editor to have your ad removed.

Rates for Business Card Ads

Members: \$50 for six months or \$90 for one year. Non-members: \$60 for six months or \$100 for one year. The deadline for all newsletter items is the 15th of the month. Checks must be payable to SAAMOM and submitted with the advertisement to the address on the cover page.

Advertise on the Website

SAAMOM values your membership and would like to offer all members the opportunity to advertise to each other for FREE! This page on our new website will be viewable by Members Only and available for advertising the businesses and/or services owned by Members. To participate, please submit a business card size pdf or jpeg file to the webmaster (webmaster@saamom.org) that includes the name of the business, the nature of the business/service, contact information and a logo (optional.)



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April 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9 General Meeting	10	11 Morgans Wonderland
12	13	14	15	16	17	18
19	20 DNO: Freetail Brewing	21	22 Zoo	23	24	25 Dads @ Seaworld MNO-Movies
26	27	28	29	30		

Please register at www.saamom.org for any of these fantastic events!

Club Events

SAAMOM GENERAL MEETING: April 9, 7pm

Crown of Life Lutheran Church

Join us on Thursday, April 9th at 7:00 p.m. Come join us as returning speaker Dr. Tim Peterson of Peterson Chiropractic discusses how we can "Eat to Live." His talk will cover such questions as a. Why do we eat? Why should we eat? b. What should we eat? When should we eat? c. What steps can we take to make sure a healthy diet is working for us? (We know y'all never have questions like these when it comes to feeding your families!)

Dinner will be salad and lasagna. Please contact us if you'd be interested in bringing a dessert to share! Registration is here: <http://saamom.org/event-1874980>

Ashley and Allie– Program Co-Chairs

Morgan's Wonderland Play date! April 11 10:00am

Let's get together on Saturday, April 11 for a weekend play date at Morgan's Wonderland!

Morgan's Wonderland is an amazing ultra-accessible theme park where kids of all ages and abilities can have fun together! Attractions include; various play grounds, train, carousel, fishing, waterworks. Bring your own lunch or buy lunch and eat at the covered Picnic Place inside the park.

If we have 20 paying attendees, we get the group admission price of \$9 per person. Under 3 is free regardless.

Regular admission pricing if less than 20 paying attendees:

Under 3 and special needs FREE

\$11 for Ages 3-11

\$17 for Ages 12-61

Please register so we know how many paying guests we will have-

March MoMs Night Out, April 25th 6:00pm

Save the Date for April MoMs Night Out!

Join us at the Santikos Palladium Theater at The Rim for a girls night at the movies. We will meet at the Agora Bar upstairs before our movie for socializing/drinks/snacks. We will have more details on the movie and time as the date gets closer. Stay tuned!

Reach out to [Monica Urias](#) or [Vanessa S. McLaurin](#) with any questions.

Dads of Multiples:

It's been a few months since our last formal get together. A lot has happened in a few months – four of us are now bald in honor of LukeStrong – but we are ready to get the fun rocking again. Whether you've joined us a 100 times or never at all, we hope that you'll make time to join us for one of our upcoming DNO events. In addition to serving as a helpful resource for new Dads, we try to have a little fun as well. Ok, we probably have more fun than anything, but either way, these events are a great opportunity for new and old Dads of Multiples to come together and enjoy a little time away. It makes coming home to those little cuties, creatures, or monsters just a bit sweeter! And occasionally, we like to scoop up those little crazies and bring them out for some "Daddy and Me" fun!

We are planning ahead for the next few months, but here is some information on our next few events:

On April 20th, we'll meet at FreeTail Brewing Company on N. Loop 1604 (by N. Military Highway) at 630 for Dinner and Drinks. Freetail is one of our most popular events, so please make plans to join us for this awesome event.

On April 25th, join us as we embark on a stroll through Sea World San Antonio. Weekends in April are all about the kids, so come along for a fun day of music, dancing and rides. We'll release more details shortly... Check out this link for more information on the Just for Kids event and to get your free PRESCHOOL season passes to SeaWorld. <http://seaworldparks.com/en/seaworld-sanantonio/events/just-for-kids/>

We've got more great events scheduled, so stay tuned for the details! Here is a partial list of the fun still to come: Missions Baseball, TopGolf, Laser Tag, Dave and Busters, Busted Sandal, Batting Cages, and Bowling!

RSVP for any of our events via the SAAMOM website, the San Antonio Dads of Multiples Facebook page or via email to Matt (myers_matthew@bah.com) or Misael (soccercoach911@gmail.com). To get added to the SA Dads of Multiples Facebook page, email Matt or Misael.

Introducing...



The Lyssy twins! Anthony and Andrew were born on February 16th. Birthweights were 5.5 lbs and 6.11lbs. Congratulations Lyssy family on these beautiful additions!



Pictured:

Anne-Marie and London being held in the NICU at 35 weeks by their momma, Elizabeth.

More Member News!



Monica, Vanessa, Danielle, and Becca at the Helotes Kraft Beer Garden 5K!

St. Matthew Catholic Church

Presents

Michael James Mette

(A Catholic Musician and Speaker)

In Concert

Friday, April 10th • 7:00 PM



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Cost: A Love Offering
For Information
Catholic Financial Life:
Cheryl Parks @ 210-279-8822
or Bill Cancel @ 210-838-4485

This Event is Sponsored by Catholic Financial Life

Thank you so much to everyone who donated clothing, toys, bedding and other items at the end of the CAES! The items went to SAMMinistries, and have already been distributed to families in need, including a set of 3-year-old girl twins and a set of 10-year-old boy triplets. SAMMinistries is an interfaith ministry whose mission is to help the homeless and those at risk of becoming homeless attain self-sufficiency by providing, with dignity and compassion, shelter, housing and services. We also provide opportunities for volunteers to be renewed and fulfilled as they serve. You have made a true difference in the lives of families who are working hard to become independent, giving them hope for a better future. Please know how much we at SAMM appreciate you!

In April, we are starting our Back to School drive, an effort to provide two sets of new uniforms or school-appropriate outfits, shoes and backpacks/school supplies to more than 300 children who have experienced homelessness. For more information, you can reach Blair at [\(210\) 321-5624](tel:2103215624) or bortmann@samm.org.

Thanks so much,

Blair